

Health Liberty Partners

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

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STORY AT-A-GLANCE

- › Part of our mission here at Mercola.com is to support initiatives that also preserve and enhance the health of our global community
- › One way we achieve this is by partnering with like-minded organizations that are working to educate, raise awareness and enact positive changes that will lead to a more sustainable, healthier world
- › The select group of health and research organizations that we partner with are true health advocates and educators, including GrassrootsHealth, Fluoride Action Network (FAN), the National Vaccine Information Center (NVIC), the Institute for Responsible Technology (IRT) and the Organic Consumers Association (OCA)
- › Together, we've formed a nonprofit coalition known as Health Liberty, which is dedicated to improving fundamental education to all on important health, food and drug safety and informed consent issues

It's always been my goal to empower individuals to take control of their health. On a larger scale, part of our mission here at Mercola.com is to support initiatives that also preserve and enhance the health of our global community. One way we achieve this is by partnering with like-minded organizations that are working to educate, raise awareness and enact positive changes that will lead to a more sustainable, healthier world.

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Health Liberty's Five Guiding Principles

As a coalition dedicated to making the world a better place for everyone in it, we abide by these five guiding principles:

1. Health Liberty is the right to make voluntary, informed choices about how to achieve and maintain good health.
2. Everyone has the right to eat uncontaminated food, drink pure water and freely choose whether or not to use prescription drugs, vaccines and other medical interventions.
3. It is a civil right for individuals to be free to protect life and liberty by taking control of and maintaining good health.
4. It is a human right to be free to exercise informed consent to medical risk taking, the central ethical principle in the practice of modern medicine.
5. The environment and the biological integrity of humans is protected when there is respect for the informed consent and precautionary principles by government, industry and medicine.

You can read more about our individual Health Liberty partners below, including why they're so worthy of support.

NVIC Protects Your Right to Vaccine Informed Consent

NVIC celebrated its 40th anniversary as an organization in April 2022 – that’s 40 years of efforts to protect the right to informed consent to vaccination. In the early 1980s when NVIC first started, there was no information at all for the public about vaccine risks. Doctors rarely discussed it, so parents knew nothing. Of course, doctors were not educated on vaccine risks either, so the ignorance was spread equally among medical professionals and lay people.

Today, citizen involvement and awareness has increased exponentially due to the work of organizations like NVIC. During the 2021 legislative session, NVIC analyzed, tracked and issued positions on an unprecedented 473 vaccine related bills in 49 states through the [NVIC Advocacy Portal](#) (NVICAP). This was the highest number of bills in the history of NVIC’s advocacy program, which was established in 2010, and more than double the bills last year.

NVICAP is a free online vaccine choice advocacy network, established for the purpose of securing and defending informed consent protections in vaccine policies and laws. Over the last 12 years, the NVIC Advocacy Program has analyzed, tracked and issued positions on close to 2,000 vaccine-related bills.

NVICAP staff work alongside and share legislative information with many health freedom groups that support NVIC’s four-decade call for the protection of vaccine informed consent rights in America.

The NVIC Advocacy Portal team, including NVIC Advocacy state directors and aligned groups, work with families and enlightened health care professionals to educate legislators and protect vaccine informed consent rights. NVIC issues action alerts and sends them through email, posts them online and shares them through social media and a text alert program.

As noted by Barbara Loe Fisher, cofounder and president of the National Vaccine Information Center, “Mandatory vaccination laws enslave the people and give the pharmaceutical industry a free ride all the way to the bank.”¹ If you want objective and accurate information so you can make well-informed choices about your vaccinations, visit [NVIC’s website](#) and consider offering your support via a donation.

Donate to NVIC Now

FAN Working to End Water Fluoridation in the US

Paul Connett, Ph.D., executive director of the Fluoride Action Network (FAN), has been instrumental in catalyzing the movement to remove fluoride – a neurotoxin – from water supplies in the U.S. as well as internationally. FAN filed a historic lawsuit against the U.S. Environmental Protection Agency in federal court.

In 2016, FAN and coalition partners filed a petition asking the EPA to ban the deliberate addition of fluoridating chemicals to U.S. drinking water under Section 21 of the Toxic Substances Control Act (TSCA).

The EPA dismissed FAN's petition, prompting the lawsuit challenging the EPA's denial. Although the EPA filed a motion to dismiss the case, the motion was denied by the court in 2017.² The trial was held in June 2020, and the judge has yet to make a final ruling.³

He's requested more information, including the National Toxicology Program's systematic review of fluoride's neurotoxicity, as well as the benchmark dose analysis of fluoride's neurotoxicity,⁴ and status hearings for the case continue to be postponed and rescheduled. As of August 2022, FAN noted:⁵

"The Court has been awaiting the final publication of the National Toxicology Program's state of the science review on fluoride's neurotoxicity before moving on to the next phase of the trial. The NTP's review was expected to be published in 2021, but continues to be delayed."

Once the report is released, FAN can go back to court and hopefully win the case, as the level of evidence that fluoride is neurotoxic now far exceeds the evidence that was in place when lead was banned from gasoline. The hope is that, soon, the archaic practice of water fluoridation can be ended in the U.S. and worldwide. If you're concerned about

the health effects of fluoride, please support FAN with your tax-deductible donation today.

[Donate to FAN Now](#)

GrassrootsHealth – Spreading Awareness About Vitamin D

GrassrootsHealth is a nonprofit public health research organization dedicated to moving public health messages regarding vitamin D from research into practice. They have a panel of 48 senior vitamin D researchers working toward this goal, including running the D*action field trial to solve the vitamin D deficiency epidemic worldwide.

GrassrootsHealth – through its D*Action study – has found a sixfold variability in achieved serum levels,⁶ meaning one person taking 5,000 IUs of vitamin D per day may achieve a level of just 20 ng/mL while another is able to reach a level of 120 ng/mL taking the same amount.

This is why it's so important to get your vitamin D level tested at regular intervals and take proactive steps to boost your level into the 60 to 80 ng/mL range – the level experts believe is necessary to gain vitamin D's full range of benefits for disease prevention and optimal health.

GrassrootsHealth makes testing easy by offering an inexpensive vitamin D testing kit as part of its consumer-sponsored research. By [signing up for their D*Action study](#), you are helping further vital health research that can help millions in coming years.

All women are also encouraged to enroll in the D*Action [Breast Cancer Prevention project](#) to track your vitamin D level and help prevent an initial cancer occurrence, or, if you've already had it, to help prevent a recurrence. In addition, anyone affected by Type 1 diabetes is invited to [enroll in the Type 1 Diabetes Prevention Project](#).

If you'd like to learn more about the importance of optimal vitamin D levels to human health, visit [GrassrootsHealth](#) and consider making a donation to help move important vitamin D research into practice.

[Donate to GrassrootsHealth Now](#)

IRT – Fighting Back Against GMOs and Agricultural Chemicals

The Institute for Responsible Technology (IRT) is working to protect the “genetic integrity and nature’s biological evolution by preventing the outdoor release of genetically modified organisms, and to protect human and animal health by preventing the use of GMOs in the food and feed supply.”⁷

IRT also seeks to stop the use of the toxic agricultural chemicals associated with GMOs, such as glyphosate and Roundup. Glyphosate has been used so indiscriminately it has defeated its own purpose, Jeffrey M. Smith, IRT’s founder, said in the documentary film “Secret Ingredients.”⁸

There are now 300 million acres of herbicide-resistant weeds leading to more glyphosate use and the use of other, even more toxic herbicides, says Smith. He co-created “Secret Ingredients” to show the dramatic effects an organic diet can have on those with chronic conditions.

IRT uses a multi-platform strategy to inform the public and create consumer behavior change around GMOs and agricultural chemicals, and they empower individuals to lead an organic lifestyle, helping to change the marketplace to reject GMOs from the food supply and environment.

You can learn more about IRT, including their glyphosate report⁹ and Non-GMO Shopping Guide,¹⁰ at their website, responsibletechnology.org, and, if you feel passionate about removing GMOs from the environment, consider supporting IRT’s mission with a donation.

[Donate to IRT Now](#)

Organic Consumers Association

Since its inception in 1998, the Organic Consumers Association (OCA) has worked to educate people about organic, biodynamic, regenerative food. Now, OCA is a family of organizations that includes Regeneration International. The Regeneration International research farm in Miguel de Allende, Mexico, has started a reforestation project using mesquite trees and agave plants.

By taking a limb from a healthy mesquite tree, adding some natural hormones and wrapping the branch with a bag filled with compost, you will, after three to four months, have a small tree ready for planting as new roots grow into the compost-filled bag. This process is known as “air layering.”

The combination of native agave plants and nitrogen fixing mesquite trees is a key to restoring arid, desert-like environments. Agave leaves (which have always been discarded and considered useless) and mesquite pods can be fermented and turned into nutritious animal feed that costs one-third to one-quarter of the price for alfalfa.

Much of Regeneration International’s energy over the past seven years has been spent on educating the world about the importance of regenerative farming practices, including its ability to preserve water and improve nutrition. Today, most people have at least heard about regenerative farming, so the primary focus now is to seek out the best practices and make sure they’re shared, publicized and duplicated.

But this is only one of OCA’s projects. Ronnie Cummins, OCA’s cofounder and international director, laid out a plan for transforming the U.S. through regenerative practices in his 2020 book, “Grassroots Rising.” In the U.S., market demand is one of the primary factors driving regenerative farming and ranching. There is a bigger demand for

grass fed meat and animal products now than there was 10 years ago, but it's not growing fast enough.

OCA is working to change farming subsidies to prioritize regenerative farming and encouraging private investors to put their money where their mouth is, so to speak, by investing in Natural Asset Stocks, or Natural Asset Corporations, a different type of asset being developed on the stock exchange. If you'd like to get involved in furthering the mission of OCA and Regenerative International, consider making a donation today.

[Donate to OCA Now](#)

Partners in Health Liberty

Every year, we donate a portion of our revenues to our nonprofit Health Liberty partners. By banding together in this powerful coalition, we can enact meaningful changes to educate the public, influence the marketplace and further positive legislation to ensure that everyone maintains the right to eat real, uncontaminated food, exercise their right to informed consent in health care and make their own informed, voluntary choices about how to best achieve and maintain optimal health.

Sources and References

- ¹ [Substack, Dr. Mercola's Censored Library July 9, 2022](#)
- ² [Fluoride Action Network, Trial Fact Sheet](#)
- ³ [Fluoride Action Network, TSCA Trial](#)
- ⁴ [FluorideAlert.org June 8, 2021](#)
- ⁵ [FluorideAlert.org, TSCA Trial, Lawsuit Update](#)
- ⁶ [GrassrootsHealth, Vitamin D Response Curve](#)
- ⁷ [Institute for Responsible Technology, IRT's Mission Statement](#)
- ⁸ [Substack, Dr. Mercola's Censored Library April 22, 2022](#)
- ⁹ [IRT, Glyphosate Report](#)
- ¹⁰ [IRT, Non-GMO Shopping Guide](#)